

# Putnam County Community Resources Survey Report

PUTNAM COUNTY DEPARTMENT OF HEALTH

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## INTRODUCTION AND METHODS

The Community Resources Survey is a vital component of the Putnam County Community Health Assessment (CHA). The survey follows the framework of the New York State Prevention Agenda priority and focus areas. The responses to this survey are compiled to create a comprehensive picture of the assets and resources that can and have been mobilized and employed to address the county's health issues. The collected responses will help inform the Community Health Improvement Plan (CHIP).

The Community Resources Survey was a self-administered online survey of community organizations that aimed to describe population health programs as resources within the five priority area categories on the Prevention Agenda: chronic disease prevention; promoting a healthy and safe environment; promoting healthy women, infants, and children; promoting well-being and preventing mental and substance use disorders; and prevention of communicable diseases.<sup>1</sup> Within each priority area, the prevention agenda identifies focus areas. Organizations were asked to identify which focus areas and goals their programs and activities aim to achieve. For the purposes of this report, each focus area cited by respondent organizations is defined as a resource in that priority area. A free response option was provided to indicate a program/activity goal that may not be aligned with the NYS Prevention Agenda, defined as 'Other-write in' and included in Appendix 2. The survey also collected information on populations served and current program status related to COVID-19 impacts.

The survey was created using survey software, © 2021 Alchemer, and disseminated via email to a distribution list created from the Putnam County Department of Health (PCDOH) communications directory. Organizations recruited for participation included for-profit, not-for-profit, local government agencies, federally qualified health centers (FQHC), the local hospital center, and other healthcare and social services organizations. Initial outreach describing the survey goal and providing a link was sent out on June 2, 2022, and the survey remained open through June 23, 2022. Two reminder emails were sent out to the selected recipients throughout this time. Individual outreach to key stakeholders that have played an essential role in previous population health activities was conducted as prompt participation was required.

The following report contains summary charts and statistics produced in Alchemer and additional analysis performed outside Alchemer with Excel data exports.

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<sup>1</sup> NYS Prevention Agenda, 2019, [https://www.health.ny.gov/prevention/prevention\\_agenda/2019-2024/index.htm](https://www.health.ny.gov/prevention/prevention_agenda/2019-2024/index.htm), accessed June 2022

## SURVEY ELIGIBILITY AND RESPONSE

To be included in the survey, organizations met at least one of the following criteria: be located in Putnam County, primarily serve, and offer programs and activities to Putnam County residents or have services and resources that are open to and are well-promoted to Putnam County residents. Seventy-four organizations were solicited to complete the survey, including healthcare providing organizations (skilled nursing facilities, voluntary health organizations<sup>2</sup>, FQHC, and the hospital), educational organizations, private sector businesses, local government agencies, and other non-profits (food pantries, professional associations, volunteer service organizations, public clinics, and social advocacy groups). Of the solicited organizations, thirty-two completed the survey for a response rate of 43.24%; The breakdown by organization type is listed in Table 1. A small amount of data cleaning was necessary to merge responses in the handful of instances when more than one response was received from a single organization. In these instances, if necessary for data validation, emails and phone calls were made to both respondents to confirm that responses accurately represented the programs and resources available to the population(s) served. Submissions missing an organization name were disqualified. The response totals for each question will vary because a response was not required for all questions.

TABLE 1 – RESPONDENT’S ORGANIZATION TYPE

Organizations by Type	Count	Percent of Type
Healthcare (Total)	4	13%
Skilled Nursing Facility	1	3%
FQHC	1	3%
Hospital	1	3%
Voluntary Health Organization	1	3%
Local Government Agency	8	25%
Educational Organization	1	3%
Private Sector Business	2	6%
Other Non-Profit (NPO)	17	53%

<sup>2</sup> Voluntary Health Organization are classified as an organization that a community member must go to voluntarily (without a court order, prescription, etc.) to receive treatment for their condition.

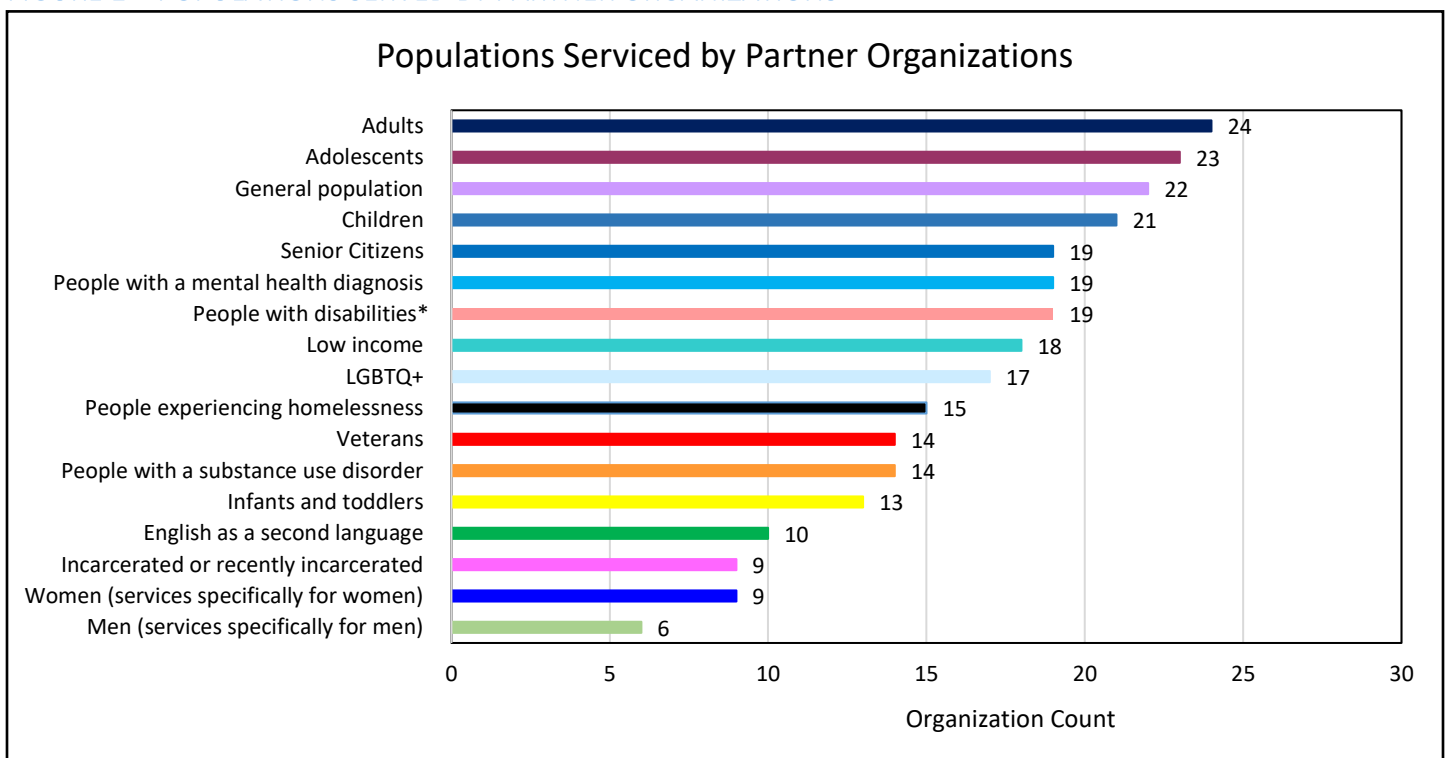
## RESULTS

### POPULATIONS SERVED & PROGRAM STATUS

Organizations were asked to identify the populations they serve to better understand the distribution of resources across population segments [Figure 1, Table 2]. Please note that because most organizations serve more than one population, count totals are greater than the number of organizations responding, and the percentages total greater than 100.

In Figure 1 and Table 2, in response to the question “What population does your organization serve? (Check all that apply,)” adults, the general population, and adolescent populations were most commonly served by the respondent organizations, while women (services specifically for women), incarcerated or recently incarcerated, and services specifically for men were the least commonly served. Services exist for all segments of the population.

FIGURE 1 – POPULATIONS SERVED BY PARTNER ORGANIZATIONS



**TABLE 2 – POPULATIONS SERVED BY RESPONDENT ORGANIZATIONS BY COUNT AND PERCENT OF THE TOTAL NUMBER OF SELECTIONS**

Populations Served	Count	Percent
Adults	24	77%
Adolescents	23	74%
General population	22	69%
Children	21	69%
People with a mental health diagnosis	19	63%
People with disabilities	19	57%
Senior Citizens	19	57%
Low income	18	54%
LGBTQ+	17	54%
People experiencing homelessness	15	46%
People with a substance use disorder	14	46%
Infants and toddlers	13	46%
Veterans	14	43%
English as a second language	10	34%
Women (services specifically for women)	9	29%
Incarcerated or recently incarcerated	9	26%
Men (services specifically for men)	6	17%

To better understand the impacts of the COVID-19 pandemic on the provision of population health services, organizations were queried about the status of programs. Question 2 (“Please describe the current COVID-19-related modifications to programs provided to clients by your organization.”) asked respondents if ‘all,’ ‘some,’ or ‘none’ of their population health programs were currently modified to follow COVID-19 safety guidelines. As seen in Table 5, no organizations responded that all programs are presently completely suspended due to the COVID-19 pandemic and 36% have all programs meeting in person at pre-pandemic frequency and attendance. However, 69% of respondents still have some programs meeting online rather than in person, 46% have some programs meeting in person at decreased frequency, and 41% are meeting in person with attendance limits.

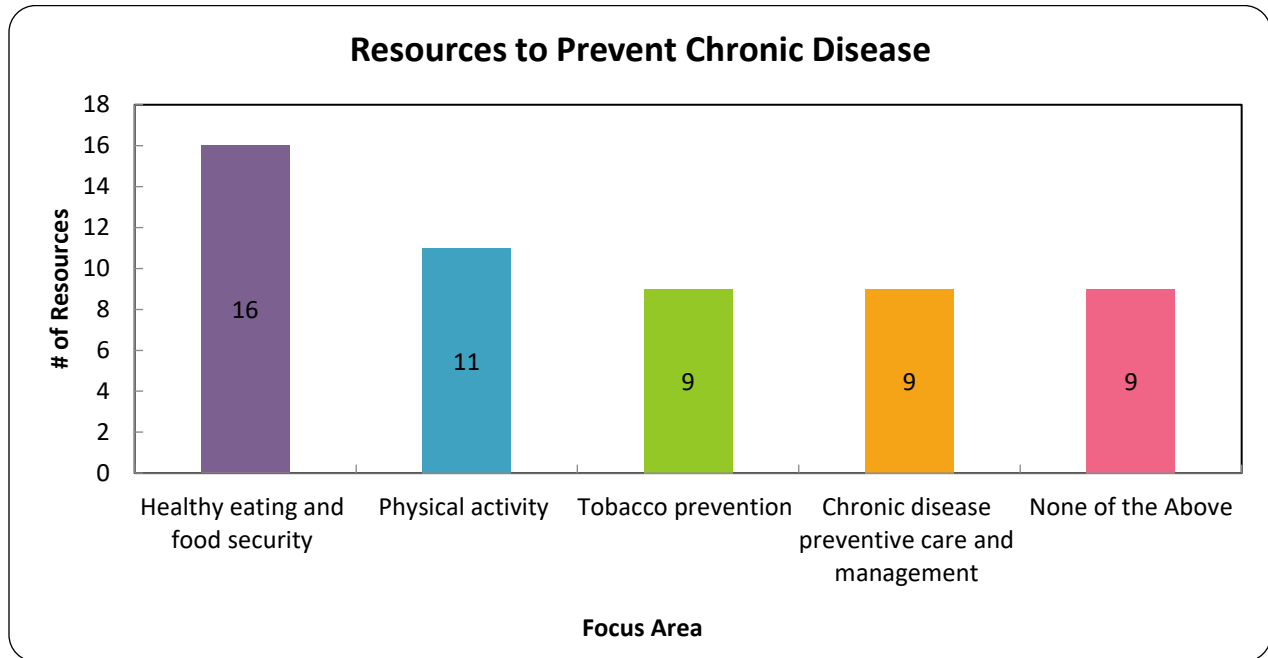
**TABLE 3 – PERCENTAGE OF COVID-19 INFLUENCED PROGRAM MODIFICATIONS**

Percentages	All	Some	None
Programs are suspended	0%	0%	100%
Programs have moved from in-person to online	4%	69%	27%
Programs are meeting in person but with decreased frequency	0%	46%	54%
Programs are meeting in person but with limits to attendance	0%	41%	59%
Programs are meeting in person at pre-pandemic frequency and attendance	36%	40%	24%

## RESOURCES TO PREVENT CHRONIC DISEASE

Organizations were asked if they offer programs or activities in focus areas included in the Chronic Disease Prevention section of the NYS Prevention Agenda. Amongst 31 organizations responding, twenty-two (71%) have resources in one or more focus areas; there is representation in all focus areas. Among the focus areas, the most resources (16) focused on healthy eating and food security [Figure 2].

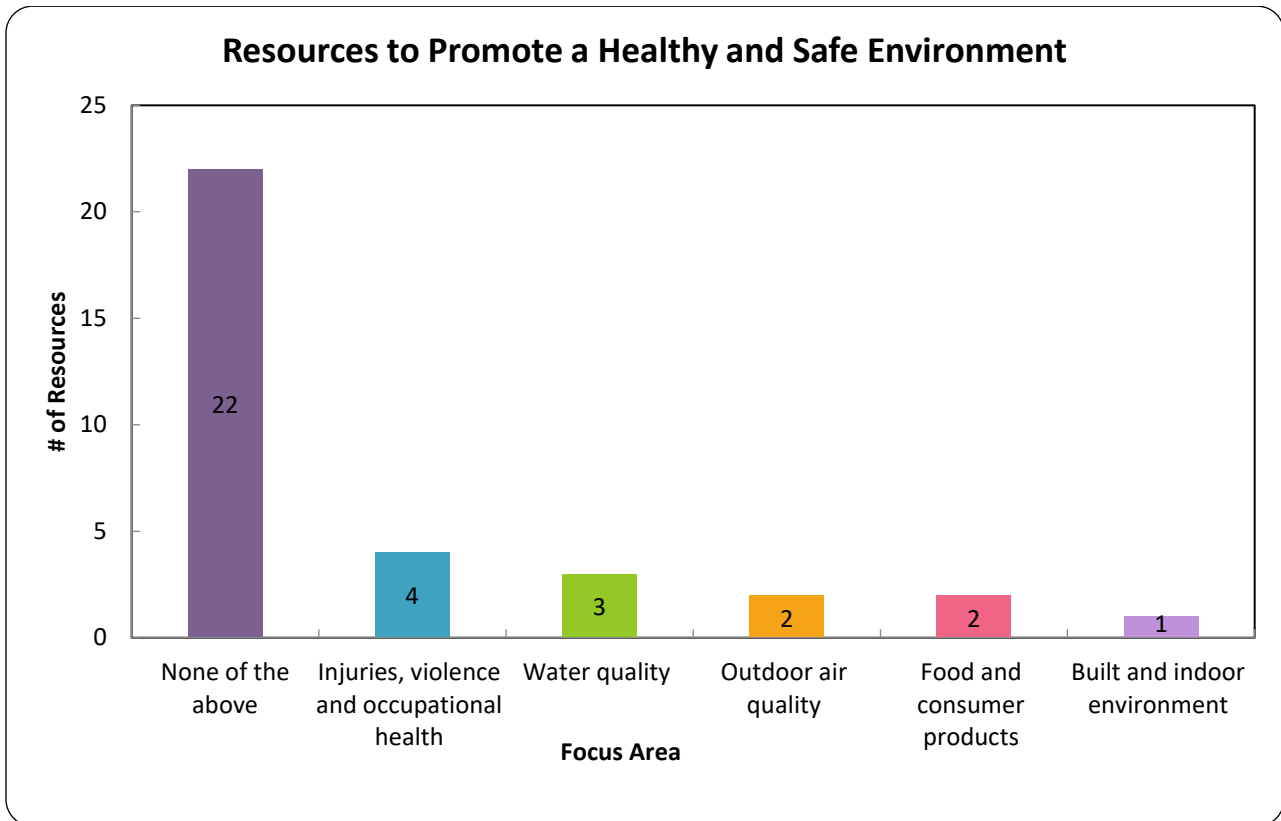
FIGURE 2 – COUNT OF RESOURCES BY FOCUS AREA TO PREVENT CHRONIC DISEASE



## RESOURCES TO PROMOTE A HEALTHY AND SAFE ENVIRONMENT

Organizations were asked if they offer programs or activities in focus areas included in the Promote a Healthy and Safe Environment section of the NYS Prevention Agenda. Among 30 organizations responding, most do not have resources in any focus areas, but eight (27%) do have resources in one or more focus areas, and there is representation in all focus areas. Amongst the focus areas, there is the highest number of resources with a focus on preventing injuries and violence and promoting occupational health (4) and water quality (3) [figure 3].

FIGURE 3 – COUNT OF RESOURCES BY FOCUS AREA TO PROMOTE A HEALTHY AND SAFE ENVIRONMENT

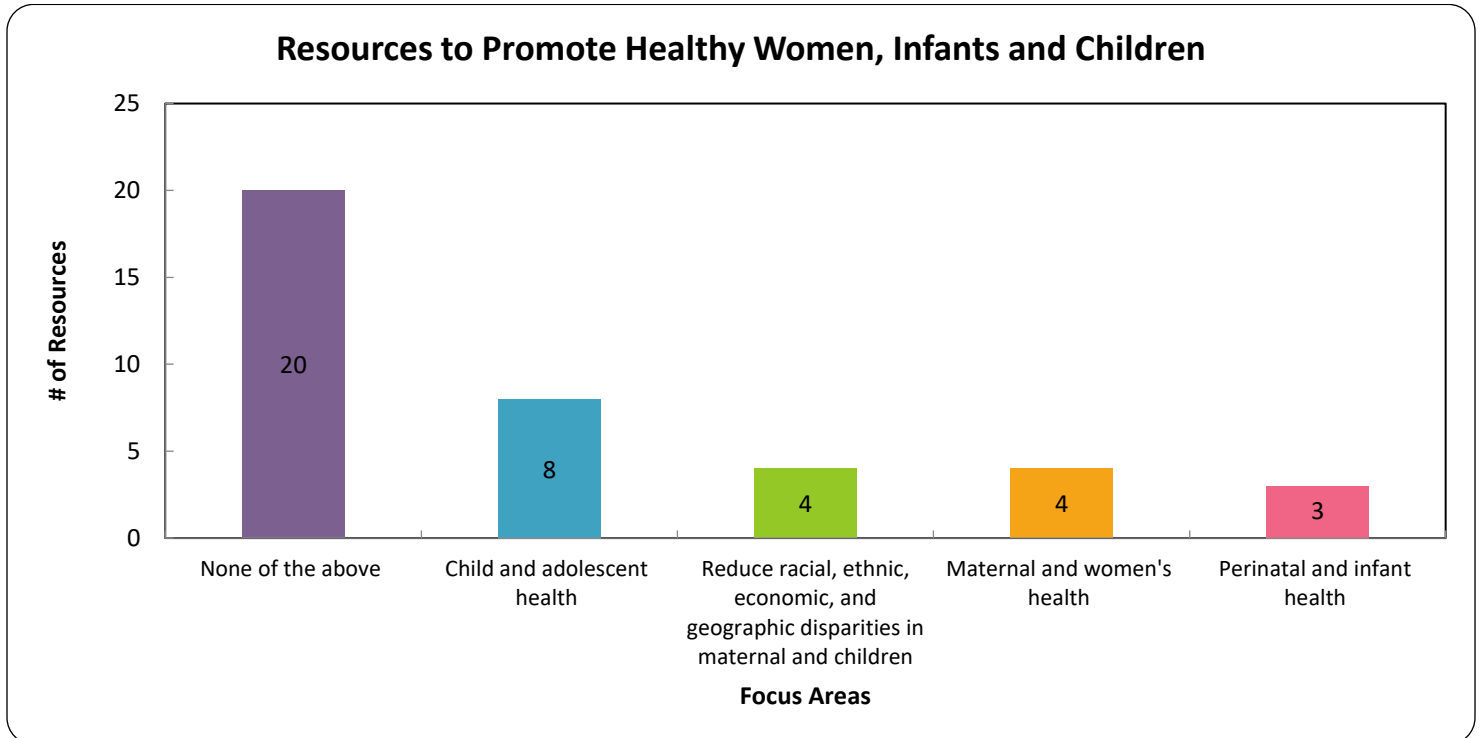




## RESOURCES TO PROMOTE HEALTHY WOMEN, INFANTS, AND CHILDREN

Organizations were asked if they offer programs or activities in focus areas included in the Promote Healthy Women, Infants, and Children section of the NYS Prevention Agenda. Among 30 organizations responding, twenty organizations (67%) do not have resources in any focus areas, but eleven (27%) have resources in one or more focus areas. There is representation in all focus areas. Amongst the focus areas, the highest number of resources are focused on child and adolescent health (8), maternal and women's health (4) and the promotion of health equity for maternal and child health populations through the reduction of racial, ethnic, economic, and geographic disparities in maternal and child health outcomes (4) [Figure 4].

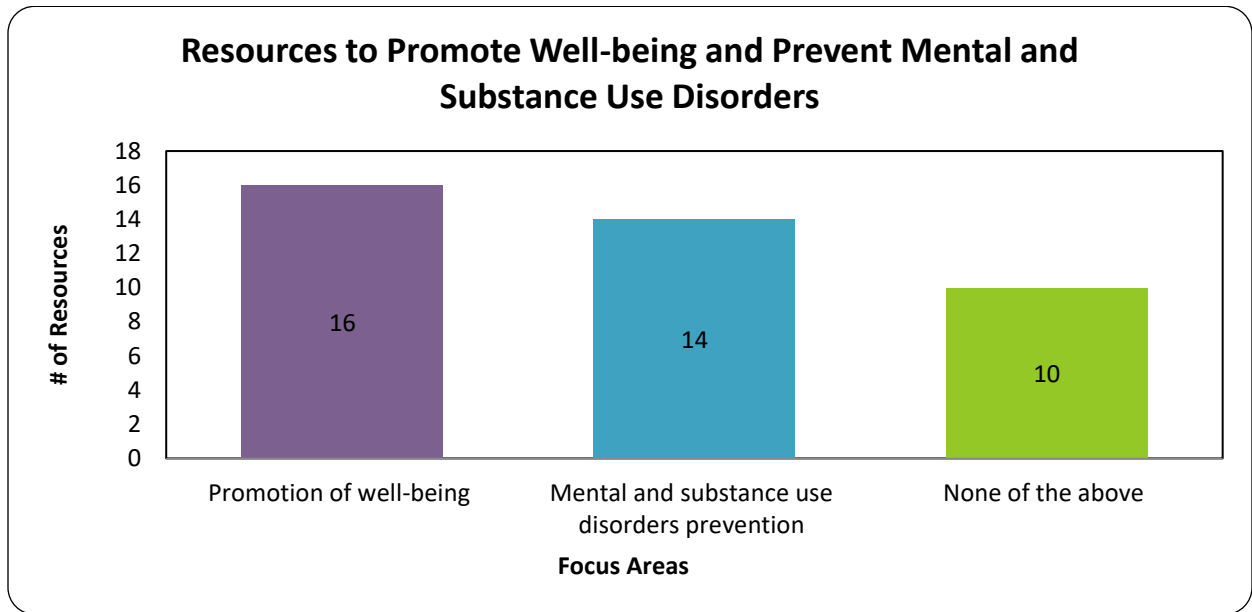
FIGURE 4 – COUNT OF RESOURCES BY FOCUS AREA TO PROMOTE HEALTHY WOMEN, INFANTS, AND CHILDREN



**RESOURCES TO PROMOTE WELL-BEING AND PREVENT MENTAL AND SUBSTANCE USE DISORDERS**

Organizations were asked if they offer programs or activities in focus areas included in the Promote Well-Being and Prevent Mental and Substance Use Disorder section of the NYS Prevention Agenda. Amongst 30 organizations responding, nineteen (63%) have resources in one or more focus areas. Amongst the focus areas, resources are almost equally divided between those that promote well-being (16) and those that focus on mental and substance use disorder prevention (14) [figure 5].

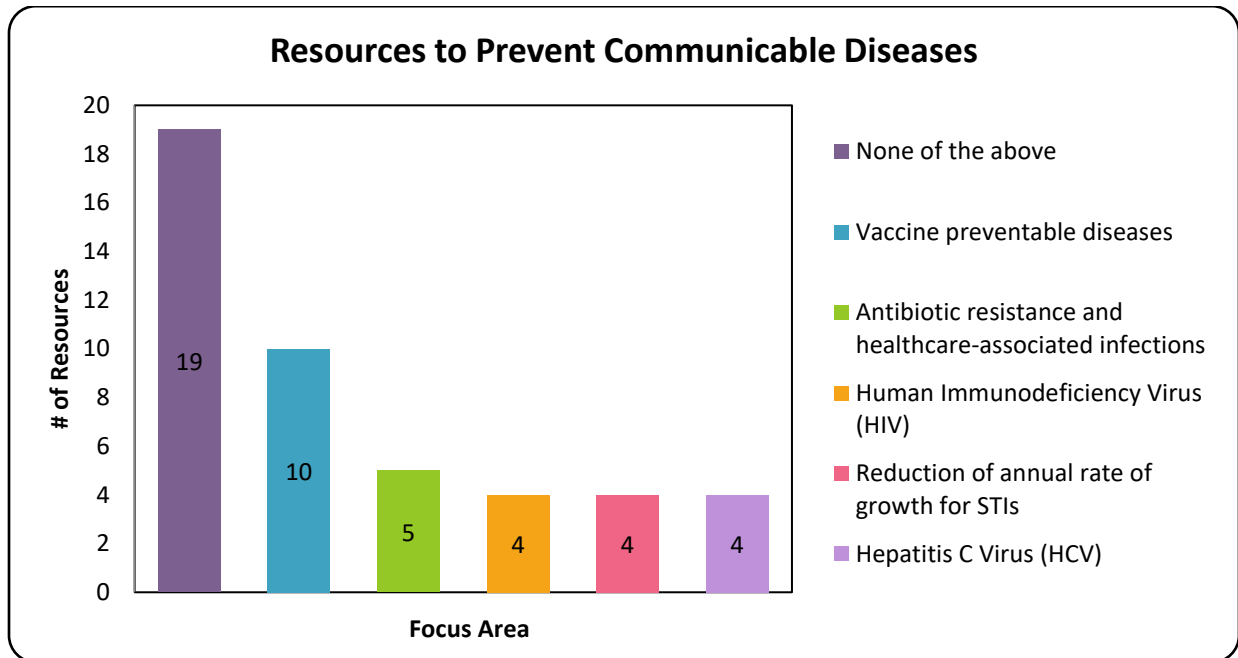
**FIGURE 5 – COUNT OF RESOURCES BY FOCUS AREA TO PROMOTE WELL-BEING AND PREVENT MENTAL AND SUBSTANCE USE DISORDERS**



## RESOURCES TO PREVENT COMMUNICABLE DISEASES

Organizations were asked if they offer programs or activities in any focus areas included in the Prevent Communicable Disease section of the NYS Prevention Agenda. Amongst 30 organizations responding, eleven (37%) have resources in one or more focus areas. Among the focus areas, there are the most resources focused on vaccine-preventable diseases (10). The remaining resources are focused on antimicrobial resistance and healthcare-associated infections (5), HIV (4), HCV (4), and the reduction of STI rates (4) [Figure 6].

FIGURE 6 – COUNT OF RESOURCES BY FOCUS AREA TO PREVENT COMMUNICABLE DISEASES



## DISTRIBUTION OF RESOURCES BY PREVENTION AGENDA PRIORITY AREA AND FOCUS AREAS

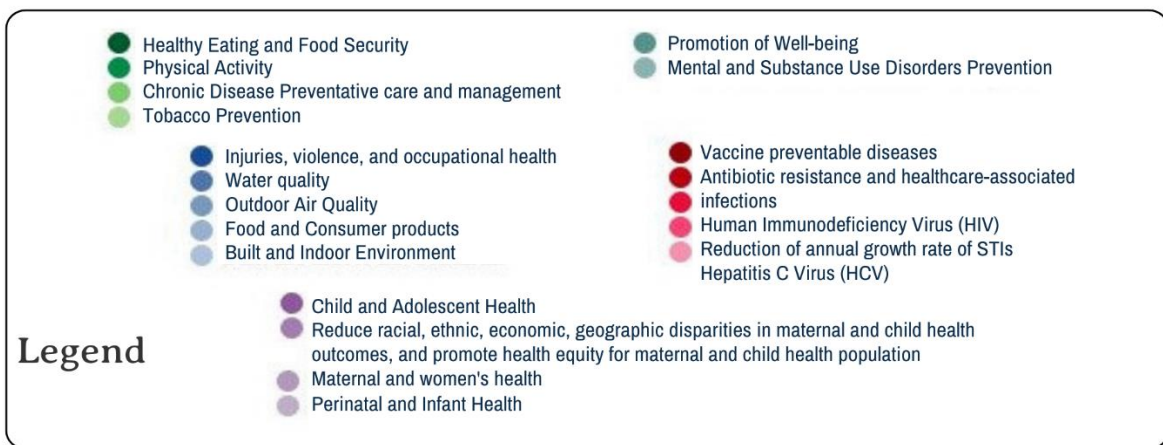
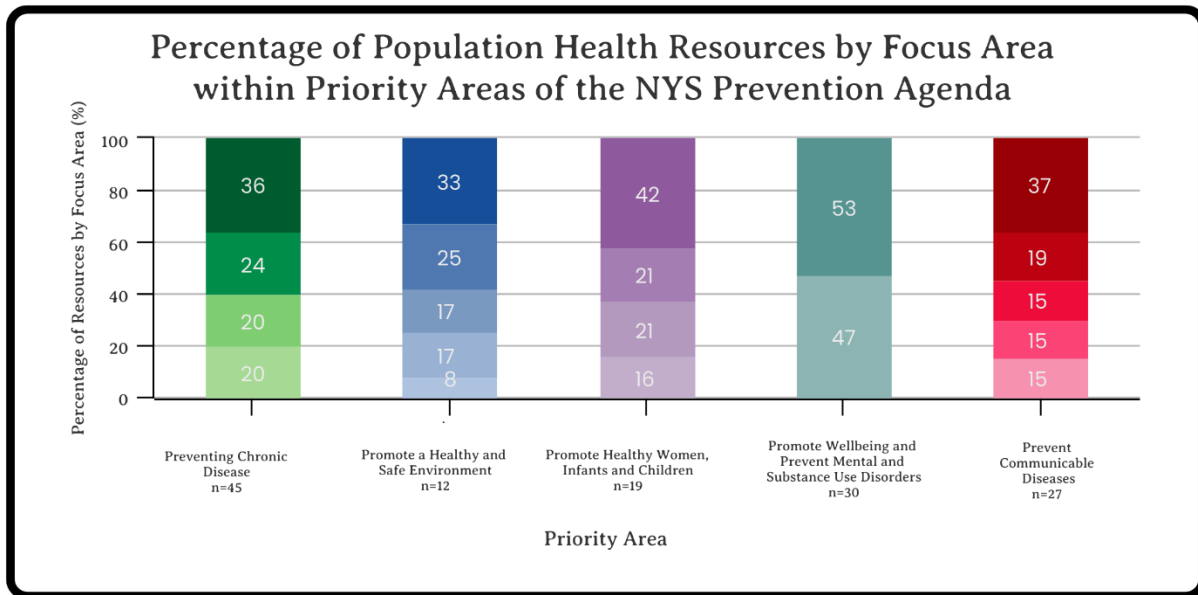
Population health programs are not equally distributed across the NYS Prevention Agenda priority or focus areas. The priority areas with the most organizational representation are preventing chronic disease with twenty-two organizations (71%) and promotion of well-being and prevention of mental and substance use disorders have nineteen organizations (63%) working toward to goals of the NYS Prevention Agenda [Table 4].

TABLE 4 – NUMBER AND PERCENTAGE OF ORGANIZATIONS BY PRIORITY AREA

Priority Area	# of Organizations	
	Count	Percent
Preventing Chronic Disease	22	71%
Promote Wellbeing and Prevent Mental and Substance Use Disorders	19	63%
Promote Healthy Women, Infants, and Children	11	37%
Prevent Communicable Diseases	11	37%
Promote a Healthy and Safe Environment	8	27%

Figure 7 details the proportional distribution of resources within each priority area by focus area. The focus areas with the highest proportion of resources within each priority area are healthy eating and food security (16 resources, 36%), injuries, violence, and occupation health (4 resources, 33%), child and adolescent health (8 resources, 42%), the promotion of well-being (16 resources, 53%), and vaccine-preventable diseases (10 resources, 37%).

FIGURE 7 - PERCENTAGE OF POPULATION HEALTH RESOURCES BY FOCUS AREA WITHIN PRIORITY AREAS OF THE NYS PREVENTION AGENDA



## DISCUSSION

Responding organizations overwhelmingly reported providing population health services to the following populations: Adult, adolescent, and the general population. Services specific to men, specific to women, incarcerated/recently incarcerated, English as a second language, and infants and toddlers' areas were less frequently reported. Further assessment is required to determine if these counts indicate actual deficits in services to these populations.

Responses to questions regarding the status of population health programs indicate that while some programs have returned to their pre-pandemic status, in some cases, changes made due to COVID-19 safety guidelines have endured beyond the end of mandates. Community organizations should continuously solicit feedback from their populations served to ensure that population health services are meeting their needs in their current form.

According to the responses to the survey, community resources are available in all of the focus areas included in all five priority areas of the NYS Prevention Agenda. Still, these resources are not equally distributed across focus areas. The distribution of resources in each focus area should signal potential gaps in services to program planners. The focus areas with the most resources are the promotion of well-being, healthy eating, and food security, mental and substance use disorders, physical activity, vaccine-preventable diseases, chronic disease, and tobacco prevention. The number of organizations servicing a population or working in a focus area does not determine overall capacity, resources, or access. A full assessment of access to services is beyond the scope of this survey. The results should be viewed as a necessary first step in identifying potential areas of need.

## RECOMMENDATIONS

This report should be used as a reference to inform discussions and initiate follow-up dialogues between Putnam County community organizations. The results should be used in tandem with the Community Priorities Poll, the Hudson Valley Regional Community Health Survey, and other indicators of health status (secondary data) compiled within the Hudson Valley Regional Community Health Assessment. Perhaps the greatest utility of this survey will be to act as a directory of available resources during community health improvement planning to align health problems with appropriate organizations.

## LIMITATIONS

The community partner resources survey has several limitations, which are common challenges when surveying partners at large organizations. Less than half of the solicited organizations responded, indicating that results are an incomplete representation of populations served and community resources and assets. Though non-response is expected and may in part be due to a lack of population health programs at these organizations, it may also occur in organizations that do have population health programs but failed to respond due to internal factors such as institutional capacity, and human and financial resources. Data completeness may also have been affected by limited knowledge of available resources offered by individual responders. Data accuracy may have been affected by variations in responder interpretation of questions (i.e., populations served, population-health program definition, and the New York State Prevention Agenda goals). More targeted assessments would be necessary to explore further questions this survey did not attempt to answer, such as if population health programs are evidence-based interventions, or if programs have the appropriate capacity to meet the needs of county residents.

## APPENDIX 1

### DISTRIBUTION OF NYSPA FOCUS AREA GOALS BY THE PERCENTAGE OF ORGANIZATIONS PROVIDING RESOURCES WITHIN THE PRIORITY AREAS

Preventing Chronic Disease	# of Organizations responding to this priority area	31
Goals	Percent <sup>3</sup>	Count <sup>4</sup>
<b>Healthy Eating and Food Security</b>		<b>16</b>
<i>Goals of programs or activities focused on healthy eating and food security.</i>		
Increase skills and knowledge to support healthy food and beverage choices	79%	12
Increase access to healthy and affordable foods and beverages	71%	11
Increase food security	64%	9
Other - Write In	14%	2
Provide healthy snacks to youth in programs		
Offer tailored clinical screenings to control diabetes (eyepac) for those enrolled at select fresh grocery sites.		
<b>Physical Activity</b>		<b>11</b>
<i>Goals of programs or activities focused on increasing physical activity.</i>		
Promote school, childcare, and worksite environments that increase physical activity	46%	5
Other - Write In	36%	4
Provision of various exercise classes to seniors on-site and remote		
Provide support for youth to access recreational opportunities		
Help patients re-engage for better health and use them as coping skills		
Provide after-school programs and summer programs to youth		
Increase access, for people of all ages and abilities, to indoor and outdoor places for physical activity	27%	3
Improve community environments to support physical activity for people of all ages	18%	2
<b>Tobacco Prevention</b>		<b>9</b>
<i>Goals of programs or activities focused on tobacco prevention.</i>		
Prevent initiation of tobacco use	67%	6
Promote tobacco use cessation	67%	6
Eliminate exposure to secondhand smoke	33%	3
Other - Write In	33%	3
Enforcing 'No Smoking Allowed' behavior while providing education/tools to help cope with tobacco use habits		
Work with other community agencies.		
The program "Reality Check" aims to educate youth about tobacco products and provide youth with a community service opportunity.		
<b>Chronic Disease Preventive Care and Management</b>		<b>9</b>
<i>Goals of programs or activities focused on chronic disease preventative care and management.</i>		
Improve self-management skills for chronic diseases (asthma, arthritis, cardiovascular disease, prediabetes/diabetes & obesity)	70%	7
Promote evidence-based care to prevent and manage chronic diseases (asthma, arthritis, cardiovascular disease, prediabetes/diabetes, & obesity)	50%	5
Increase early detection of cardiovascular disease, diabetes, prediabetes, and obesity	40%	4
Increase cancer screening rates	30%	3
Other - Write In	10%	1
Increase provider focus on reproductive healthcare.		
<b>None of the Above</b>		<b>10</b>

Promote a Healthy and Safe Environment	# of Organizations responding to this priority area	30	
Goals	Percent	Count	
<b>None of the above</b>		<b>22</b>	
<b>Injuries, violence, and occupational health</b>		<b>4</b>	
<i>Goals of programs or activities focused on injury, violence, and occupational health programs or activities.</i>		.	
Reduce falls among vulnerable populations	75%	3	
Reduce violence by targeting prevention programs, particularly for highest risk populations	50%	2	
Reduce occupational injury and illness	50%	2	
Other - Write In	25%	1	
Child Abuse Prevention			
Reduce traffic-related injuries for pedestrians and bicyclists	0%	0	
<b>Water quality</b>		<b>3</b>	
<i>Goals of programs or activities focused on water quality programs and activities.</i>			
Protect water sources and ensure quality drinking water	100%	2	
Protect vulnerable water bodies to reduce potential public health risks associated with exposure to recreational water	50%	1	
<b>Outdoor air quality</b>		<b>2</b>	
<i>No goals were specified in the survey</i>			
<b>Food and consumer products</b>		<b>2</b>	
<i>Goals of programs or activities focused on food and consumer products.</i>			
Improve food safety and management	50%	1	
Other – Write in	50%	1	
Making healthier eating more accessible			
Raise awareness of the potential presence of chemical contaminants and promote strategies to reduce exposure	0%	0	
<b>Built and indoor environment</b>		<b>1</b>	
Improve design and maintenance of the built environment to promote healthy lifestyles, sustainability, and adaption to climate change	50%	1	
Promote healthy home and school environments	50%	1	



Promote Healthy Women, Infants, and Children		# of Organizations responding to this priority area	30	
Goals		Percent	Count	
None of the above			20	
Child and adolescent health			8	
<i>Goals of programs or activities focused on child and adolescent health.</i>				
Support and enhance children and adolescents' social-emotional development and relationships		67%	4	
Increase supports for children and youth with special health care needs		67%	4	
Reduce dental caries among children		17%	1	
Reduce racial, ethnic, economic, and geographic disparities in maternal and child health outcomes, and promote health equity for maternal and child health populations			4	
<i>No goals were specified in the survey</i>				
Maternal and women's health			4	
<i>Goals of programs or activities focused on maternal and women's health.</i>				
Increase the use of primary and preventive health care services among women of all ages, with a particular focus on women of reproductive age		100%	4	
Reduce maternal mortality and morbidity		100%	4	
Perinatal and infant health			3	
<i>Goals of programs or activities focused on perinatal and infant health.</i>				
Reduce infant mortality and morbidity		100%	3	
Increase breastfeeding		100%	3	

Promote Wellbeing and Prevent Mental and Substance Use Disorders		# of Organizations responding to this priority area	30	
		Percent	Count	
Promotion of well-being			16	
<i>Goals of programs and activities to promote well-being</i>				
Strengthen opportunities to build well-being and resilience across the lifespan		75%	12	
Facilitate supportive environments that promote respect and dignity for people of all ages		75%	12	
Other - Write In		19%	3	
Facilitate connections to supports and services				
Mental and substance use disorders prevention			14	
<i>Goals of programs and activities to prevent mental and substance use disorders</i>				
Reduce the prevalence of major depressive disorders		75%	9	
Reduce the mortality gap between those living with serious mental illness and the general population		75%	9	
Prevent opioid and other substance misuse and deaths		67%	8	
Prevent suicides		67%	8	
Prevent underage drinking and excessive alcohol consumption by adults		58%	7	
Prevent and address adverse childhood experiences (ACES)		42%	5	
Other - Write In		17%	2	
Prevent initiation of substance use; prevent adolescent marijuana use; vaping prevention.				
Reduce the effects of diagnoses for current patients				
None of the Above			10	

<b>Prevent Communicable Diseases</b>	<b># of Organizations responding to this priority area</b>	<b>30</b>	
<b>Goals</b>		<b>Percent</b>	<b>Count</b>
<b>None of the Above</b>			<b>19</b>
<b>Vaccine-preventable diseases</b>			<b>10</b>
<b>Improve vaccination rates</b>		82%	9
<b>Reduce vaccination coverage disparities</b>		46%	5
<b>Antibiotic resistance and healthcare-associated infections</b>			<b>5</b>
<b>Improve infection control in healthcare facilities</b>		80%	4
<b>Reduce infections caused by multidrug-resistant organisms and C. difficile</b>		80%	4
<b>Reduce inappropriate antibiotic use</b>		80%	4
<b>Human Immunodeficiency Virus (HIV)</b>			<b>4</b>
<b>Decrease HIV morbidity (new HIV diagnoses)</b>		75%	3
<b>Increase viral suppression</b>		50%	2
<b>Reduction of the annual rate of growth for STIs</b>			<b>4</b>
<b>Hepatitis C Virus (HCV)</b>			<b>4</b>
<b>Increase the number of persons treated for (HCV)</b>		50%	2
<b>Reduce the number of new HCV cases among people who inject drugs</b>		50%	2

## APPENDIX 2

### COMMUNITY PARTNER PROGRAM DESCRIPTIONS

#### Priority Area: Chronic Disease Prevention Action Plan

<b>Focus Area: Healthy Eating and Food Security</b>	
<b>Organization Name</b>	<b>Program Description</b>
Putnam CAP/WestCOP	In partnership with the Putnam County Food System, Regional Food Bank's 'Just Say Yes to Fruits & Vegetables', and Healthy Living, our food pantry and soup kitchen programs are elevated to provide access to clients with cooking demonstrations, samples, and recipes.
Open Door Family Medical Center	In partnership with local food banks, our on-staff nutritionists deliver healthy food options to those on the WIC program.
Second Chance Foods	Second Chance Foods works to provide healthy meals and fresh groceries to local hunger relief partners.
Cornell Cooperative Extension Putnam County	We provide access to food through the following programs: Putnam County Community Food Coalition, Supplemental Nutrition Assistance Program, Seed to Supper, Emergency Food Programs, Mapping, and Education on healthy eating.
Putnam Independent Living Services	We provide a one-time gift card to service recipients to prevent food insecurity as part of the Diabetes Prevention Program.
CP unlimited HV division	We enforce healthy cooking by providing menus and education on foods without preservatives.
Putnam County Office for Senior Resources	We assemble and distribute shelf-ready meal boxes for storm preparedness. At-home hot and frozen meals are delivered to enrollees, and nutrition education and on-site meal service at four congregate locations are provided weekly. Continuous collaboration with Cornell Cooperative Extension and other Community-based Organizations to distribute fresh foods and meals
Green Chimneys	Runaway and Homeless Youth (RHY) programs incorporate life skills to promote healthy eating and food security. The Home Health Management model is the framework for members to collaborate with their families and providers to create a plan of care/action to employ. Our case management and referrals for housing assistance, factors that impact food security and access to food access providers.
Putnam Hospital Center/Nuvance	Our on-staff nutritionists work with patients and attend events to educate and promote healthy eating habits.
United Way of Westchester and Putnam	We deliver free produce, groceries, and meals to households in need.
Putnam County Department of Health	<i>Employee options:</i> Our wellness committee organizes lunchtime learning seminars to increase nutritional knowledge, encourage healthy food choices, and promote safe food handling and storage. <i>Community:</i> Host an Expo to engage, educate and enforce healthy food preparation and safe food handling and storage.
ARC Mid-Hudson	Our staff encourages and assists clients in making healthier food choices through grocery lists and menu planning with our clients.
Sun River Health Center	SRH uses Electronic Health Record (EHR) integrated screening tool HungerVital to identify instances of food insecurity. In tandem, some SRH sites host food distribution activities for those identified using the screening tool.
<b>Focus Area: Chronic Disease Preventative Care and Management</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	Chronic disease prevention and management is a pillar within our organization. Evidence-based practices for the low-income population prove to decrease HgA1c, Blood pressure, and BML.
Putnam Independent Living Services	Our Diabetes Prevention Program runs an instructional program with support groups to educate clients on the benefits of healthy eating habits and behavioral changes to prevent Diabetes Type 2 diagnosis within at-risk populations.
Planned Parenthood Hudson Peconic	Educational materials and learning opportunities are provided to our patients to focus on prevention and treatment services for sexual and reproductive health-related diseases and conditions.
Putnam County Office for Senior Resources	Before the pandemic, Chronic Disease Self-Management (CDSME) programs with a master trainer were held to educate older adults and adults with disabilities. We are providing education and tools to help them better manage chronic conditions such as diabetes, heart disease, arthritis, chronic pain, and depression. In addition to identifying additional trainers, re-certification is in process.
Putnam Hospital Center/Nuvance	Community events are hosted for education and screening methods. Annually, skin cancer screenings are conducted with on-staff dermatologists for eligible patients.
Search for Change, Inc.	We assist individuals with comorbid mental health, substance use, and physical health conditions to assess primary and preventative care services to cultivate effective disease management skills through improved nutrition, exercise, tobacco cessation, and other related behaviors.

<i>Focus Area: Physical Activity</i>	
Organization Name	Program Description
Open Door Family Medical Center	We offer methods to those diagnosed with chronic diseases (diabetes, obesity, depression, etc.) to promote physical activity.
Cornell Cooperative Extension Putnam County	Our Garden-for-All program acts as food security and physical activity program. Other available youth development programs promote physical activity.
Putnam County Department of Mental Health	We connect our youth to various recreational programs that promote physical activity.
YMCA of Central Northern Westchester	Our School Aged Child Care (SACC) program follows a physical activity curriculum.
Putnam County Office for Senior Resources	Daily exercise classes are offered on-site and remote (for homebound seniors) to the Putnam County Senior population through four senior centers. Evidence-based fall prevention programs are held regularly (A Matter of Balance, Tai Chi for Arthritis, and Bingo-dze. A three-year ACL grant has been awarded to OSR to work with four neighboring county offices to increase the regional capacity of the fall prevention programs.
Putnam Hospital Center/Nuvance	We participate and promote the wegetfit.org community challenge with our patient population. This challenge encourages a minimum of 30 minutes of fitness activity (jogging, running, strength training, walking, stretching, biking, spinning, hiking, rowing, skating, yoga, etc.) during a 6-week challenge period. Prizes are offered through wegetfit.org for those who qualify.
Putnam County Department of Health	Fitness classes (Yoga, HIIT, and walking initiatives) are offered at no cost to county employees to promote physical activity.

<i>Foc.us Area: Tobacco Prevention/Cessation</i>	
Organization Name	Program Description
POW'R Against Tobacco	POW'R Against Tobacco works to protect people through tobacco control policy, advocacy, and education. Education is specific to legislatures, property managers, business owners, and community members on the dangers of smoking and vaping aims to promote the benefits of adopting smoke/vape-free policies within their municipalities, housing, and workplaces.
Open Door Family Medical Center	Tobacco cessation support groups are being held remotely in addition to prescribing tobacco cessation medications.
Cornell Cooperative Extension Putnam County	Our youth development program includes tobacco cessation education and practices to promote a tobacco-free lifestyle.
Cove Care Center	A tobacco cessation program is provided to all patients.
Putnam Hospital Center/Nuvance	A tobacco cessation program is provided to all patients.
Arms Acres	We provide Nicotine patches and educational materials through the nursing department for all patients that require a tobacco cessation option to get through their treatment plan.
The Prevention Council of Putnam	We use presentations, print materials, media, and social media posts to educate on the risks associated with tobacco and vape use.
Putnam County Department of Health	The <i>Freedom from Smoking</i> course is offered at no cost to Putnam residents. The <i>NY Quits</i> hotline is shared frequently on social media. The Adolescent Tobacco Use Prevention Act (ATUPA) program operates under the Environmental Health department's goal of preventing underage tobacco sales.

## Priority Area: Promote a Healthy and Safe Environment Action Plan

<b>Focus Area: Injury, Violence, Occupational Health</b>	
<b>Organization Name</b>	<b>Program Description</b>
Putnam Hospital Center/Nuvance	We partner with the Putnam County Department of Health and host an annual Fall Prevention event.
Child Advocacy Center of Putnam County	Child Abuse Awareness and Prevention focused programs are held for parents and children.
<b>Focus Area: Outdoor Air Quality</b>	
<b>Organization Name</b>	<b>Program Description</b>
POWR Against Tobacco	POWR Against Tobacco educates legislatures, worksites, and multi-unit housing owners on the dangers of smoking/vaping to share with their environments.
Cornell Cooperative Extension Putnam County	Our <i>Natural Resource</i> programming focuses on addressing social and ecological dimensions of natural resources and the environment to improve environmental sustainability, promote the well-being of communities, and ensure access to sustainable energy and environmental resources.
<b>Focus Area: Built and Indoor Environments</b>	
<b>Organization Name</b>	<b>Program Description</b>
POWR Against Tobacco	POWR Against Tobacco program works with many locations built/indoors to educate property owners, worksites, and housing locations on the benefits of Tobacco Cessation and the dangers of tobacco and vaping products.
<b>Focus Area: Water Quality</b>	
<b>Organization Name</b>	<b>Program Description</b>
Putnam County Department of Health	<b>Environmental Health Services (EHS)</b> has a program to address septic failures for commercial and residential systems to prevent drinking and recreational water contamination. EHS routinely conducts compliance checks to ensure septic contractors adhere to NYSDOH, NYCDEP, and local regulations.
	EHS' recreational and drinking water program monitors public water systems and water treatment facilities for algae blooms, E. coli, and other contaminants under EPA and NYSDOH standards
	The <b>engineering department</b> monitors the construction of properties under the standards set by the NYSDOH, NYCDEP, and Putnam County Sanitary Code to protect water supplies from contamination.
	The Hazardous Waste Program aims to reduce the improper disposal of hazardous waste throughout the environment that can contaminate water sources.
<b>Focus Area: Food and Consumer Products</b>	
<b>Organization Name</b>	<b>Program Description</b>
Second Chance Foods	Providing prepared meals for those with limited kitchen facilities to provide fresh, healthy food
Putnam County Department of Health	State-certified restaurant inspectors educate food operators on safe food handling and storage at locations that have kitchens and serve food to the public—frequent posts on social media for food safety.

## Priority Area: Promote Healthy Women, Infants, and Children Action Plan

<b>Focus Area: Maternal and Women's Health</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	We provide access to contraception, reproductive healthcare, cervical and breast cancer screening, and early entry to prenatal care and WIC services
Planned Parenthood Hudson Peconic	We provide affordable and accessible reproductive education and healthcare to local communities on a free/sliding scale model in prenatal care, cancer screenings, and human papillomavirus Vaccine, PrEP, and PEP.
Putnam Hospital Center/Nuvance	We have a robust women's health service center and are in the process of reopening our birthing center.
Putnam County Department of Health	Maternal Child Health host <i>New Mom</i> support groups facilitated by registered nurses and lactation consultants to discuss topics and provide resources on the signs of postpartum depression, lactation support, infant immunizations/cocooning, nutrition, growth/development, other community resources, and more.
<b>Focus Area: Perinatal and Infant Health</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	Prenatal care, hospital deliveries, and WIC services are provided to our populations
Putnam Hospital Center/Nuvance	Neonatologists work with lactation consultants for the best outcomes.
Putnam County Department of Health	The immunization department provides vaccination to children aged 0-3 by request for those who do not have insurance or a provider.
	In addition to the <i>New Mom</i> support groups and in-home visits, Child Find visits for infants/toddlers (aged 0-3) are conducted to ensure growth and development are up to NYSDOH standards.
	For children with developmental delays aged 0-3, Early Intervention (EI) care coordination is provided based on NYSDOH standards for growth and development.
<b>Focus Area: Child and Adolescent Health</b>	
<b>Organization Name</b>	<b>Program Description</b>
POWR Against Tobacco	Reality Check, a youth-led program, aims to empower youth to become community leaders, identify manipulative marketing tactics, and host prevention and cessation presentations and activities.
Open Door Family Medical Center	Our healthcare centers offer pediatrics, family medicine, and integrate behavioral health.
YMCA of Central Northern Westchester	Various enrichment activities align with the Social and Emotional Learning (SEL) curriculum.
Putnam County Department of Health	<b>Early Intervention:</b> In addition to care coordination for children with developmental delays aged 0-3, the early intervention preschool program acts as a liaison between families and school districts for preschool placement and therapies for children with disabilities. <b>Immunization:</b> offers school-based immunization clinics for every school district
Putnam County Youth Bureau	Programs to "unplug" the youth from technology and socialize with peers are available to county residents.
<b>Focus Area: Reduce racial, ethnic, economic, and geographic disparities and outcomes to promote health equity for maternal and child health populations.</b>	
<b>Organization Name</b>	<b>Program Description</b>
POWR Against Tobacco	POWR Against Tobacco supports NYS's <i>It's Not Just</i> Campaign to educate community leaders/members of disparities and mentholated products that African Americans, LGBTQ+, women, and other groups disproportionately use.
Open Door Family Medical Center	We are dedicated to providing access to healthcare services for low-income, non-English speaking, and people of colors
Planned Parenthood Hudson Peconic	All Planned Parenthood facilities are low-cost and easily accessible by public transportation. All educational programs are free and are focused on communities with higher rates of disparities.
Putnam County Department of Health	<b>Immunization:</b> offers migrant clinics for adult vaccinations and TB screenings to increase multi-generational households and help protect children from communicable diseases—Spanish- staff support Spanish-speaking families in both <b>EI</b> and <b>Nursing</b> . Bi-lingual and bi-cultural nurses are on staff to serve ethnic groups needing <b>Maternal Child Health</b> services and multilingual print and screening tables.

## Priority Area: Promote Well-being and Prevent Mental and Substance Use Disorders Action Plan

<b>Focus Area: Well-being</b>	
<b>Organization Name</b>	<b>Program Description</b>
Putnam CAP/WestCOP	In partnership with other local community resources, we provide resources to our clients to promote overall well-being and ensure that all of their needs are addressed and met.
Open Door Family Medical Center	Behavioral health services and medication-assisted treatment are used to address substance use disorders.
Cornell Cooperative Extension Putnam County	Our youth development program focuses on many characteristics and behaviors that promote well-being and mental health while educating on the dangers of substance use disorders.
Putnam County Department of Mental Health	Wraparound planning connects Putnam youth and families with appropriate services and support.
Putnam Independent Living Services	Our Diabetes Prevention Program works to strengthen the consumer's knowledge of activities to prevent diabetes.
Planned Parenthood Hudson Peconic	Our education programs are designed to empower young people to advocate for their reproductive health needs and provide medically accurate and age-appropriate sex education.
Putnam County Office for Senior Resources	Several programs and classes target well-being and address the social determinants of health. Many previous collaborations with Cove Care to educate on mental and substance use disorders, and we are currently in the early stage of collaborating with the Philipstown Hub.
Putnam Hospital Center/Nuvance	Several wellness programs support health screening and educational events.
Camp Herrlich	All our programs are designed to help our participants reach their full potential, take risks in a safe and supportive environment, build resilience, and grow their physical and mental health and well-being.
Search for Change, Inc.	We assist individuals with chronic health conditions in maximizing their health and self-sufficiency. We also operate supportive housing programs that aim to integrate persons with disabilities into the communities of their choice.
Putnam County Department of Health	Employee Wellness
Putnam County Veterans Service Agency	Equine Therapy has proved to be a valuable method to cope with stress. It has promoted discussions and education on mental and substance use disorders in a low-stress, low-trigger environment.
<b>Focus Area: Mental and Substance Use Disorders Prevention</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	Licensed mental health clinicians and psychiatrists are highly trained in trauma-informed care.
Putnam County Department of Mental Health	We work collaboratively with the county's youth and other child-serving agencies to ensure that families receive access to interventions and connect them to pro-social (?) and prevention programs.
Mental Health Association in Putnam County, Inc.	A warmline allows people to receive peer support so that the caller knows they are not alone and have an opportunity to work with a recovery coach. A drop-in meal program allows people to get out of their homes, pick up a warm meal, and socialize with others.
Putnam Hospital Center/Nuvance	The behavioral unit, crisis team, and partial hospitalization programs for patients with mental and substance use disorders help to mitigate and prevent such outcomes.
Search for Change, Inc.	Licensed and funded through the NYSOMH, our programs aim to optimize our recipient's emotional and psychological well-being through supportive housing and other rehabilitative services.
The Prevention Council of Putnam	Our agency primarily implements evidence-based environmental prevention and harm reduction strategies to prevent and reduce the incidence of adolescent substance use and misuse and reduce mortality.
Putnam County Veterans Service Agency	Dwyer Vet2Vet conducts office hours bi-weekly, and a VA social worker runs office hours once a week to address mental and substance use disorders.

## Priority Area: Prevent Communicable Diseases Action Plan

<b>Vaccine-Preventable Diseases</b>	
<b>Organization Name</b>	<b>Program Description</b>
Putnam CAP/WestCOP	Putnam CAP partners with local health departments on vaccination efforts by providing a space for monthly vaccination clinics and outreach to the community about vaccine services.
Open Door Family Medical Center	We participate in federal vaccine programs to provide immunizations.
Planned Parenthood Hudson Peconic	We offer the HPV and COVID-19 vaccine to all patients that request it.
Putnam County Office for Senior Resources	OSR has partnered with local health departments and local pharmacies to host COVID-19 vaccine clinics at our senior center sites, as well as to encourage our clients to get vaccinated by assisting them with online registration for appointments
United Way of Westchester and Putnam	We provide our clients with information about the COVID-19 vaccine, including where to access a vaccine.
Putnam County Department of Health	The immunization department holds regularly scheduled school-based flu and "migrant" clinics for vaccine-preventable diseases. Vaccine verification is completed in support of camps for all campers and counselors from out of the country.
ARC Mid-Hudson	We offer education to highlight the importance of immunizations such as COVID-19, shingles, influenza, and several other vaccines.
<b>Focus Area: Human Immunodeficiency Virus (HIV)</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	We are Ryan White, NY AIDS Institute provider, which allows us to provide HIV care and preventative services.
Planned Parenthood Hudson Peconic	As a reproductive health organization, we educate our patients on safer sex practices, such as using barrier methods and regular screenings. We also prescribe PrEP and PEP.
Putnam County Department of Health	We offer free condoms to all community members in our lobby and at community events and provide free HIV testing.
<b>Focus Area: Sexually Transmitted Infections (STIs)</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	We have a contract with the Putnam County Department of Health for STI testing and care.
Planned Parenthood Hudson Peconic	As a reproductive health organization, we educate our patients on safer sex practices, such as using barrier methods and regular screenings. We also offer STI testing and treatment options.
Putnam County Department of Health	We provide free condoms in our lobby and at community events. We also communicate with providers and offer resources for testing at federally qualified health centers to our communities.
<b>Focus Area: Hepatitis C Virus (HCV)</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	We offer HCV patient assessment and treatment.
Planned Parenthood Hudson Peconic	We educate our patients to promote wellness and the prevention of HCV.
Putnam County Department of Health	We offer free HCV testing and connection to resources and further care.
<b>Focus Area: Antibiotic Resistance and Healthcare-associated Infections</b>	
<b>Organization Name</b>	<b>Program Description</b>
Open Door Family Medical Center	We have an antimicrobial stewardship program.
Putnam County Department of Health	We offer community education through social media and provide education and detailing.